



FREE ONLINE PRESENTATION FOR PARENTS/CAREGIVERS

Anxiety and Depression - Impacts of Covid An Online Presentation by Nathan Wallis

Are you concerned about the impact of Covid on your child?

Many carers have raised concerns about the impact of Covid on the children in their care and their development. This session aims to address these concerns.

The three most important factors in mitigating the effects of anxiety and depression are: relationships, relationships, relationships!

In this session, Nathan Wallis discusses the fact that both genes and environment play a part in the likelihood of a child experiencing a level of anxiety that causes concern. There are many risk and resiliency factors that can be looked at when considering the appropriate way to respond to maximise a child's positive outcomes. If a child suffers a trauma or has several risk factors you can mitigate the negative effects of this by increasing a child's resiliency factors.

Presented by Nathan Wallis. Don't miss this FREE opportunity to hear Nathan Wallis speak!

The local schools and early childhood providers that make up our Te Ara Whetū Kāhu Ako are proud to bring to you this fabulous opportunity.

Session times are below. Zoom links to follow

Wednesday 30 March

Parent Presentation 1: 6:00pm to 6:50pm 50 mins (Parents ages 0 – 10)

Thursday 31 March

Parent Presentation 2: 6:00pm to 6:50pm 50 mins (Parents - ages 10-18)

About Nathan

Nathan is a grandfather of three, father of three and foster father to many more. His professional background includes early childhood teacher, child therapist, social service manager, university lecturer and neuroscience trainer. He has developed a reputation as a lively and engaging speaker who uses humour and plain language to make this complex topic come to life.

Nathan is a regular on Radio and Television shows in New Zealand, sharing his expertise on child development. In 2010 he founded a private training consultancy, X Factor Education Limited, with the goal of facilitating easy to understand professional development training reflecting the latest neuroscience discoveries and their practical implications for everyday practice. Since then, he has been in hot demand, delivering well over 200 presentations year in New Zealand Australia and internationally.



You don't want to miss this fabulous FREE opportunity!